

# Brook Primary School menu

## Coming Soon

Insert events/theme days  
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**Daily Items**  
*(Always available)*  
 Fresh bread, cheese & biscuits, yogurt, jelly, fresh fruit salad, fresh fruit bowl, water  
*Grand don't forget to help yourself to our free salad bar which is also available daily*



# Chef's Specials

### Week 1

**Monday**  
 Sausage or Quorn sausage in gravy  
**Tuesday**  
 Cottage pie  
**Wednesday**  
 Roast beef and Yorkshire pudding  
**Thursday**  
 Chicken pie  
**Friday**  
 Cod bites

### Week 2

**Monday**  
 Quorn or Aberdeen Angus beef grill  
**Tuesday**  
 All day breakfast (include Quorn option)  
**Wednesday**  
 Roast pork and apple sauce  
**Thursday**  
 Steak pie  
**Friday**  
 Battered fish fillet

### Week 3

**Monday**  
 Hot dogs  
**Tuesday**  
 Tempura fish goujons  
**Wednesday**  
 Roast chicken & seasoning  
**Thursday**  
 Cheese savoury  
**Friday**  
 Salmon bites

### Daily Vegetables

**Monday**  
 Mash, carrots/broccoli  
**Tuesday**  
 Fat free wedges, Sweetcorn/baked beans  
**Wednesday**  
 Fat free roast and creamed potatoes cauliflower/cabbage  
**Thursday**  
 Sautee potatoes, peas/carrots  
**Friday**  
 Chipped potatoes baked beans/peas

**Halal Choice**  
 Available on request

# Picks n' mix

### Pasta/pizza stop

**Monday**  
 Beef or Quorn spaghetti bolognese  
**Tuesday**  
 Beef or Quorn lasagne  
**Wednesday**  
 Bacon tagliatelle carbonara  
**Thursday**  
 Tomato and basil penne  
**Friday**  
 Pizza

### Potato plate

*(Freshly baked with hot or cold fillings)*  
**Monday**  
 Bolognese  
**Tuesday**  
 Spaghetti hoop  
**Wednesday**  
 Chicken curry  
**Thursday**  
 Spaghetti hoops  
**Friday**  
 Italian chicken

### It's a wrap

*(Marinated and freshly cooked for full flavour, served with salad and dressing)*  
**Available every Thursday**

### Daily grab bag

*The alternative to bringing a packed lunch*  
 Contains - sandwich or roll with a variety of filling including Cheese, tuna and ham  
 Crudités or salad pot  
 Fresh fruit  
 Cake, biscuit or yogurt  
 Fruity drink.

### 1/2 fruit Desserts

*(All made using 50% fruit)*  
**Monday**  
 Fruity flapjack & custard  
**Tuesday**  
 Fruit sponge & custard  
**Wednesday**  
 Chocolate and beetroot surprise with chocolate sauce  
**Thursday**  
 Fruity cheesecake  
**Friday**  
 Fruity crumble & custard  
**Plus daily chef's choice**

Information available on [www.dccs.co.uk](http://www.dccs.co.uk)

- How to claim free school meals • Infant free meals
- Allergen information • Halal policy • Milk policy • Nutritional information



Dudley Catering Cleaning & Caretaking Services



Dudley Catering, Cleaning and Caretaking Services reserve the right to alter items subject to cost or availability. Price as at September 2017